**Lesson 1** Introduction to the MFM package, and The 5 Elements of Music

**Lesson 2** Music Notation

**Lesson 3** Pitch (Part I)

**Lesson 4** Pitch (Part II)

**Lesson 5** Rests and Review of Lessons 1 to 4

**Lesson 6** Time Signatures (Simple Time)

**Lesson 7** Correct Grouping of Notes and Rests in Simple Time

**Lesson 8** Compound Time Signatures

**Lesson 9** Correct Grouping of Notes and Rests in Compound Time

**Lesson 10** Brief overview of Irregular and Asymmetric Time Signatures, and Sharp/Flat Symbols

**Lesson 11** Major Scales (Part I)

**Lesson 12** Major Scales (Part II)

**Lesson 13** Minor Scales (Part I)

**Lesson 14** Minor Scales (Part II)

**Lesson 15** Chromatic Scales

**Lesson 16** Intervals (Part I)

**Lesson 17** Intervals (Part II)

**Lesson 18** Transposition

**Lesson 19** The C Clef. Short and Open Score

**Lesson 20** Italian Terms. Ornaments